



- Do not use the phone as much as possible.
- Do not use a car when evacuating (escaping).
- Pick up Kindergartens, Nursery schools, Elem. schools, and Jr., Sr. High schools after considering safety.
- Leave a note to your family to understand when you leave home.
- Stay in your home if it is safe.
- Tall buildings will shake big and slowly. Be careful because chest and drawers will fall.
- During disaster, be prepared to manage food and drinks for about three days.
- FOLLOW THE RULES. HELP EACH OTHER.

